

## Cavatappi

Pack Size: 6/3 lb.



Made with enriched semolina flour, cavatappi ("corkscrew" in Italian) are hollow, ridged, spiral pieces of short pasta.



### Product Preparation:

For best results, add frozen pasta to boiling water, stirring with fork to separate, for 10 to 30 seconds. Or run under hot tap water until thawed. Drain. If using in cold salad follow with cold water rinse. Or use frozen precooked pasta directly in a casserole recipe in place of other cooked pasta. Adjust bake time to allow for frozen pasta.

Case GTIN	Shelf Life
10041308260083	15 months
Package Format	Servings per Case
Poly Bag	About 58
Storage	

Keep Frozen

### Operator Benefits:

- Quick prep time (30-60 seconds)
- Quality with convenience - prep only what is needed and keep the rest frozen!
- Little or no wasted product
- Easy menu extensions
- Consistently al dente results every time
- Labor reduction - saves \$\$

## Recipes



Blackened Salmon with Asiago Penne



Chicken Tomato Feta Pasta

Visit our Recipe & Inspiration Section on [MarzettiFoodservice.com](http://MarzettiFoodservice.com) for recipe details!

**Cavatappi**

Pack Size: 6/3 lb.

<b>Nutrition Facts</b>		
About 58 serving per container		
<b>Serving Size</b>	<b>1 3/4 cup (140g)</b>	
Amount per Serving		
<b>Calories</b>	<b>220</b>	
	<b>% Daily Value*</b>	
<b>Total Fat</b>	1 g	<b>2 %</b>
Saturated Fat	0 g	<b>0 %</b>
Trans Fat	0 g	
<b>Cholesterol</b>	0 mg	<b>0 %</b>
<b>Sodium</b>	15 mg	<b>1 %</b>
<b>Total Carbohydrate</b>	42 g	<b>15 %</b>
Dietary Fiber	2 g	<b>7 %</b>
Total Sugars	1 g	
Includes 0 g Added Sugars		<b>0 %</b>
<b>Protein</b>	7 g	
Vitamin D	0 mcg	<b>0 %</b>
Calcium	0 mg	<b>0 %</b>
Iron	2.1 mg	<b>10 %</b>
Potassium	110 mg	<b>2 %</b>
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

**Ingredients:**

WATER, ENRICHED DURUM SEMOLINA (DURUM SEMOLINA WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID),

**CONTAINS: WHEAT**

<b>Case Weight</b>	<b>Case Cube</b>
19.0 lbs.	1.125 cu. ft.
<b>Pallet TI x HI</b>	<b>Cases per Pallet</b>
10 x 7	70
<b>Case Dimensions (L x W x H)</b>	
15.30" x 12.10" x 10.50"	