



Spaetzle Dumplings

Item # 41308 22001

Marzetti Frozen Pasta, Inc.

Product Description:

Traditionally German, Spaetzle are small dumplings (1/4" – 3/4") made by dropping small pieces of dough (made with enriched durum flour and egg) into boiling water.



Case GTIN: 10041308220018

Pack: 4

Size: 3 lb.

Shelf Life: 15 Months

Package Type: Poly Bag

Storage: Keep frozen

Servings Per Case: About 39

Product Preparation: Add frozen precooked spaetzle to boiling water, broth, soup or stew and cook until heated through (3 to 5 minutes). Or use frozen precooked spaetzle directly in a casserole recipe in place of other cooked spaetzle. Adjust bake time to allow for frozen spaetzle.

Operator Benefits: Quick prep time (3-5 minutes)
Quality with convenience - prep only what is needed and keep the rest frozen!
Little or no wasted product
Easy menu extensions
Consistently al dente results every time
Labor reduction - saves \$\$

Date Last Refreshed: 6/24/16



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Columbus, Ohio 43229
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The information shown here may vary from the information on product currently in distribution. Keep in mind that ingredients, formulas, and labeling regulations may change, so nutrition information may also change. For the most accurate information for a particular product, please refer to the nutrition and ingredient information on the product package.



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INGREDIENTS:

WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, ENRICHED DURUM WHEAT FLOUR (DURUM WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEAT GLUTEN, SALT, OLEORESIN TURMERIC.

CONTAINS: EGG, WHEAT

Nutrition Facts

Serving Size 5 oz. (140 g)
Servings Per Container ABOUT 38



Amount Per Serving

Calories 260 **Calories from Fat** 25



% Daily Value*

Total Fat 3 g **5 %**

Saturated Fat 0.5 g **2 %**

Trans Fat 0 g

Cholesterol 80 mg **27 %**

Sodium 440 mg **18 %**

Total Carb. 49 g **16 %**

Dietary Fiber 2 g **8 %**

Sugars 1 g

Protein 11 g



o Vitamin A 4 % o Vitamin C 0 % o Calcium 2 % o Iron 15 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Nutrient		2,000 Calories	2,500 Calories
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Fiber		25g	30g

1g Fat = 9 calories – 1g Carbohydrates = 4 calories – 1g Protein = 4 calories



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