

## Spaetzle Dumplings

Pack Size: 4/3 lb.



Traditionally German, Spaetzle are small dumplings (¼" – ¾") made by dropping small pieces of dough (made with enriched durum flour and egg) into boiling water.



### Product Preparation:

Add frozen precooked spaetzle to boiling water, broth, soup or stew and cook until heated through (3 to 5 minutes). Or use frozen precooked spaetzle directly in a casserole recipe in place of other cooked spaetzle. Adjust bake time to allow for frozen spaetzle.

Case GTIN	Shelf Life
10041308220018	15 months
Package Format	Servings per Case
Poly Bag	About 39
Storage	

Keep Frozen

### Operator Benefits:

- Quick prep time (3-5 minutes)
- Quality with convenience - prep only what is needed and keep the rest frozen!
- Little or no wasted product
- Easy menu extensions
- Consistently al dente results every time
- Labor reduction - saves \$\$

## Recipes



Homestyle Chicken & Dumplings



Beef Burgundy Soup with Dumplings

Visit our Recipe & Inspiration Section on [MarzettiFoodservice.com](http://MarzettiFoodservice.com) for recipe details!

## Spaetzle Dumplings

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Nutrition Facts		
About 38 serving per container		
<b>Serving Size</b>	<b>1 cup (140 g)</b>	
Amount per Serving		
<b>Calories</b>	<b>260</b>	
	<b>% Daily Value*</b>	
<b>Total Fat</b>	2.5 g	<b>3 %</b>
Saturated Fat	0.5 g	<b>4 %</b>
Trans Fat	0 g	
<b>Cholesterol</b>	65 mg	<b>22 %</b>
<b>Sodium</b>	440 mg	<b>19 %</b>
<b>Total Carbohydrate</b>	47 g	<b>17 %</b>
Dietary Fiber	2 g	<b>6 %</b>
Total Sugars	1 g	
Includes 0 g Added Sugars		<b>0 %</b>
<b>Protein</b>	11 g	
Vitamin D	0 mcg	<b>0 %</b>
Calcium	0 mg	<b>0 %</b>
Iron	3.0 mg	<b>15 %</b>
Potassium	100 mg	<b>2 %</b>
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

### Ingredients:

WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, ENRICHED DURUM WHEAT FLOUR (DURUM WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEAT GLUTEN, SALT, OLEORESIN TURMERIC.

**CONTAINS: EGG, WHEAT**

<b>Case Weight</b>	<b>Case Cube</b>
13.0 lbs.	0.575 cu. ft.
<b>Pallet TI x HI</b>	<b>Cases per Pallet</b>
16 x 8	128
<b>Case Dimensions (L x W x H)</b>	
12.40" x 8.80" x 9.10"	