

## Southern Style Flat Dumplings (Raw)

Pack Size: 4/3 lb.



Made with enriched flour and whole egg, Southern Style dumplings are raw, flat, rectangular pieces of dough.



### Product Preparation:

Bring 2 gallons of water\* to a rapid boil. Add 2 tablespoon of salt if desired. Add frozen dumplings and return to full rolling boil, stirring to separate; reduce heat. Cook uncovered 30 minutes or to desired tenderness, stirring occasionally. Noodles will be tender but still slightly firm. \*Or cook directly in soup or broth.

Case GTIN	Shelf Life
10041308010565	12 months
Package Format	Servings per Case
Poly Bag	About 97
Storage	

Keep Frozen

### Operator Benefits:

- Thick & hearty homestyle dumpling
- A traditional favorite for soups, casseroles, entrees and side dishes
- Old fashioned homemade quality and flavor

## Recipes



Homestyle Chicken & Dumplings



Beef Burgundy Soup with Dumplings

Visit our Recipe & Inspiration Section on [MarzettiFoodservice.com](http://MarzettiFoodservice.com) for recipe details!

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Pack Size: 4/3 lb.

Nutrition Facts		
About 96 serving per container		
<b>Serving Size</b>	<b>1/2 cup (57 g)</b>	
Amount per Serving		
<b>Calories</b>	<b>150</b>	
	<b>% Daily Value*</b>	
<b>Total Fat</b>	1 g	<b>2 %</b>
Saturated Fat	0 g	<b>0 %</b>
Trans Fat	0 g	
<b>Cholesterol</b>	25 mg	<b>8 %</b>
<b>Sodium</b>	480 mg	<b>21 %</b>
<b>Total Carbohydrate</b>	30 g	<b>11 %</b>
Dietary Fiber	Less than 1 g	<b>3 %</b>
Total Sugars	Less than 1 g	
Includes 0 g Added Sugars		<b>0 %</b>
<b>Protein</b>	4 g	
Vitamin D	0 mcg	<b>0 %</b>
Calcium	0 mg	<b>0 %</b>
Iron	1.8 mg	<b>10 %</b>
Potassium	0 mg	<b>0 %</b>
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

### Ingredients:

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, EGGS, SALT, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE), NATURAL FLAVOR, OLEORSESIN TURMERIC.

**CONTAINS: EGG, WHEAT**

<b>Case Weight</b>	<b>Case Cube</b>
13.0 lbs.	0.575 cu. ft.
<b>Pallet TI x HI</b>	<b>Cases per Pallet</b>
16 x 8	128
<b>Case Dimensions (L x W x H)</b>	
12.40" x 8.80" x 9.10"	