



**Product Description**

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## Sister Schubert's® Par Bake Wheat Rolls

Item # 48162 62205

### Product Description:

For today's health conscious customers! Sister Schubert's® mouth watering yeast wheat rolls use only the finest ingredients and are fully proofed, yet partially baked to allow for each customer's desired brownness. Contains zero grams trans fat and no artificial flavors or preservatives. These delicious rolls are made with whole grain and provide a wholesome alternative to the traditional dinner roll.

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|                             |  |
|-----------------------------|--|
| <b>UPC:</b>                 | (01) 0 0048162 62205 0   |
| <b>Pack:</b>                | 120  |
| <b>Size:</b>                | 1.5 oz.  |
| <b>Shelf Life:</b>          | 12 Months  |
| <b>Package Format:</b>      | Poly bag   |
| <b>Servings Per Case:</b>   | About 48   |
| <b>Storage:</b>             | Keep Frozen  |
| <b>Product Preparation:</b> | Thaw rolls. For best results use conventional oven preheated to 350 degrees F. Remove plastic bag. Cover loosely with aluminum foil for moister rolls. Bake 15-20 minutes (3-5 minutes in convection oven) or until brown. If frozen, cover loosely with foil and bake in preheated oven at 300 degrees F for 25-35 minutes. |
| <b>Operator Benefits:</b>   | Quick preparation - just warm and serve.<br>Homemade taste and uncompromised quality.<br>Convenient with no waste - bake only what is needed. Keep the rest frozen.  |

**Date Last Refreshed:** 01/28/10

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The information shown here may vary from the information on product currently in distribution. Keep in mind that ingredients, formulas, and labeling regulations may change, so nutrition information may also change. For the most accurate information for a particular product, please refer to the nutrition and ingredient information on the product package.



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# Sister Schubert's® Par Bake Wheat Rolls

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## INGREDIENTS:

WHOLE WHEAT FLOUR, ENRICHED BLEACHED WHEAT FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, EGGS, SOYBEAN OIL, SALT, HYDROGENATED COTTONSEED OIL, PARTIALLY HYDROGENATED SOYBEAN OIL, YEAST, MONO AND DIGLYCERIDES.

CONTAINS: WHEAT, EGGS

## Nutrition Facts

Serving Size 1 roll (43 g)  
Servings Per Container about 120

### Amount Per Serving

**Calories** 140 **Calories from Fat** 35

### % Daily Value\*

|                    |        |             |
|--------------------|--------|-------------|
| <b>Total Fat</b>   | 4 g    | <b>6 %</b>  |
| Saturated Fat      | 1 g    | <b>5 %</b>  |
| Trans Fat          | 0 g    |             |
| <b>Cholesterol</b> | 10 mg  | <b>4 %</b>  |
| <b>Sodium</b>      | 230 mg | <b>10 %</b> |
| <b>Total Carb.</b> | 22 g   | <b>7 %</b>  |
| Dietary Fiber      | 2 g    | <b>7 %</b>  |
| Sugars             | 4 g    |             |
| <b>Protein</b>     | 4 g    |             |

o Vitamin A 0 % o Vitamin C 0 % o Calcium 0 % o Iron 4 %

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    | Calories  | 2,000   | 2,500   |
|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 65g     | 80g     |
| Sat Fat            | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Fiber              |           | 25g     | 30g     |

Calories per gram: Fat 9 • Carbohydrates 4 • Protein 4

### Other Nutrition Information:

1.25 Bread/grain equivalents per serving