



Product Description

[click here for
Nutrition Information](#)

[click here for
Recipe Collection](#)

Jumbo Spaetzle Dumplings

Item # 41308 22003

Product Description:

Traditionally German, Spaetzle are dumplings made by dropping small pieces of dough (made with enriched durum flour and egg) into boiling water.



Case GTIN:	10041308220032
Pack:	4
Size:	3 lb
Shelf Life:	15 Months
Package Format:	Poly Bag
Servings Per Case:	About 39
Storage:	Keep Frozen
Product Preparation:	Add frozen precooked spaetzle to boiling water, broth, soup or stew and cook until heated through (3 to 5 minutes). Or use frozen precooked spaetzle directly in a casserole recipe in place of other cooked spaetzle. Adjust bake time to allow for frozen spaetzle.

Operator Benefits:	Quick prep time (3-5 minutes) Quality with convenience - prep only what is needed and keep the rest frozen! Little or no wasted product Easy menu extensions Consistently al dente results every time Labor reduction - saves \$\$
---------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Date Last Refreshed: 08/11/11

The information shown here may vary from the information on product currently in distribution. Keep in mind that ingredients, formulas, and labeling regulations may change, so nutrition information may also change. For the most accurate information for a particular product, please refer to the nutrition and ingredient information on the product package.



[click here for
Product Description](#)

[Nutrition Information](#)

[click here for
Recipe Collection](#)

Jumbo Spaetzle Dumplings

Item # 41308 22003

INGREDIENTS:

WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, ENRICHED DURUM WHEAT FLOUR (DURUM WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SPICES, NATURAL FLAVOR, OLEORESIN TURMERIC. CONTAINS: WHEAT, EGGS

Nutrition Facts

Serving Size 5 oz (140 g)
Servings Per Container about 38

Amount Per Serving

Calories 250 **Calories from Fat 30**

		% Daily Value*
Total Fat	3 g	5 %
Saturated Fat	1 g	4 %
Trans Fat	0 g	
Cholesterol	100 mg	33 %
Sodium	370 mg	15 %
Total Carb.	46 g	15 %
Dietary Fiber	2 g	7 %
Sugars	1 g	
Protein	10 g	

o Vitamin A 2 % o Vitamin C 0 % o Calcium 0 % o Iron 10 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Fiber		25g	30g

Calories per gram: Fat 9 • Carbohydrates 4 • Protein 4

Other Nutrition Information:

4.0 Bread/grain equivalents per serving